**WINTER 2021-2022 SAFETY PROTOCOLS & EXPECTATIONS**

**TEEN FITNESS, Y-QUEST, CHEER & DANCE, BUS TRANSPORTATION**

*All policies are subject to change*

**Teen Fitness & Gardening**

1. Wearing a mask is optional during this program. Teens and the instructor will not be required to wear a mask while working out.
2. Teens will use all areas of the building, including the track and the field (weather permitting), pool, fitness rooms, cybex room, the gym and more. Hand sanitizing stations will be set up in all program and workout areas. Please ensure that your teen brings the appropriate clothing with them to this program. Teens are required to participate in all activities.
3. The facility is sanitized every Sunday by a solution recommended by the CDC.
4. No guests or visitors are allowed in the teen program

**Y-Quest**

1. Program capacity will be limited. Games and activities will take place in large spaces.
2. Instructors will use social distancing to facilitate games and activities.
3. Masks are optional during Y-Quest for both the staff member and participant.
4. Hand sanitizing stations will be set up in all program locations.
5. The facility is sanitized every Sunday by a solution recommended by the CDC.
6. No guests or visitors are allowed in the Y-Quest space.
7. Participants will go outside, weather permitting

**Cheerleading & Dance**

Practice Information:

1. Class capacity will be limited. Cheerleaders will practice in small squads, in a large space.
2. No guests or visitors are allowed in the practice space.
3. Participants will be assigned a spot that is marked on the floor and is 6 feet from others.
4. Instructors will use social distancing to teach cheers.
5. Hand sanitizing stations will be set up in all program locations.
6. The facility is sanitized every Sunday by a solution recommended by the CDC.
7. Masks are optional during practice for both the staff member and participant. We will ensure that program participants are socially distanced during practice and are assigned to a large, ventilated space.

Roster & Schedule:

Both will be sent home before Christmas Break

Uniforms:

Uniforms will be ordered after the third week of practice. Uniform information will be given at a later date. Cheerleaders should wear white tennis shoes with their uniform on game days. White long sleeve shirts and / or white leggings can be work with cheer uniform.

Games:

1. Games are expected to start in January
2. No away games for cheerleaders
3. Games are located at the Athens YMCA
4. Game days and times are Friday nights and Saturday mornings
5. There may be a few weekday games scheduled to space out spectators
6. Parents are responsible for getting their cheerleader to and from all games
7. Only 2 spectators per game for each cheerleader
8. There will be a spectator registration system used by all families
9. More information on this process will be released during the parents meeting

**Transportation**

Athens YMCA Owned Buses:

The YMCA offers transportation on either 14 or 24 passenger buses from Barrow, Cleveland Rd, BHL, Clarke Middle, Oconee Primary, Oconee Elementary, Rocky Branch, St. Joes, Athens Academy and Double Helix. Bus transportation to certain schools is subject to change due to registration numbers.

1. Drivers will be required to wear masks
2. Children are encouraged to wear a mask while on the bus
3. Drivers will sanitize the bus after each route
4. Y buses hold either 24 passengers or 14 passengers. Spots on the buses will be limited.
5. Children will sit 2 per seat. If possible, drivers will have children skip every other seat.

Clarke County School District Buses:

Whitehead Road, Oglethorpe Avenue, Timothy Road and Chase Street are transported to the Athens YMCA on a CCSD school bus. All COVID policies for these buses will follow the CCSD guidelines.

For all additional questions related to transportation, teen fitness, Y-Quest or cheerleading, please email Gina Jackson at [gina@athensymca.org](mailto:gina@athensymca.org).