



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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# WESLEY GREENE PERSONAL TRAINER

Wesley Greene is certified through ISSA – International Sport Science Association and also CPR Certified. At age 14, his Dad introduced him to weight training and Wesley fell in love with fitness. He competed in his first bodybuilding competition at age 16. He offers over 12 years of training experience. Wesley has worked with people in all walks of life. Wesley uses personal training to help clients perform at their physical best, regardless of age or fitness level. He believes in helping people to become the best version of themselves, but understands that everyone has different fitness goals, and all bodies are different. He loves working with anyone who has a true desire to better their body and fitness level. Wesley believes that wellness is a way of life.

## Contact Information:

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