



Shepherd
Center
RECREATION THERAPY

HEALTH AND WELLNESS HANDS-ON CLINIC

Adaptive Golf & Hand Cycling Clinic

Registration Fee \$25

Registration Limited to 12 Participants



OCTOBER 26, 2019
10:00 a.m. – 3:00 p.m.
ATHENS YMCA

915 Hawthorne Avenue Athens, GA 30606

Shepherd Center & Georgia State Golf Association is hosting a Health and Wellness Hands-On Handcycling and Adaptive Golf Clinic for individuals with a spinal cord injury, C-6 or below and other disabilities. Participants receive continued education to learn, review and practice handcycling and adaptive golf under the guidance of the Shepherd Center's Recreation Therapy Program and Adaptive Golf Pros. Participating in these types of activities can reduce secondary complications, increase endurance and strength, and can expand your knowledge of leisure skills. Regular participation in leisure-time physical activity will help maintain a well-balanced and healthy lifestyle.

For more information contact Kelly Edens at 404-350-7793 or Kelly.Edens@shepherd.org.

To register visit: [Click Here to Register](#)

