

## **TERRIAND KEN CATO**

## **About The Catos:**

- Terri and Ken met while attending the University of Georgia. Go Dawgs!
- They are both retired educators. Ken was a teacher, coach and administrator. Terri was a nutrition dietician.
- They grow sweet potatoes and collards at their farm!

## Why They Love the Y

Terri started going to the Y and loved it so much, she talked her husband into coming with her. Both Ken and Terri believe exercising is key to staying healthy and they are committed to doing so! Terri enjoys friends and fellowship at the Y, and Ken appreciates seeing staff who live up to the Y's mission statement.



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