ATHENS YMCA

March 2019

FOR YOUTH DEVELOPMENT®

FOR SOCIAL RESPONSIBILITY

FOR HEALTHY LIVING

Athens YMCA

Spotlights & Promotions

MEMBER SPOTLIGHT



Meet our March Member Spotlight: Tremayne Edwards! Tremayne enjoys boxing, buying and restoring old cars, and adding to his shoe collection. He is a family man who loves spending time with his kids. When he's not with his kids, you can usually find Tremayne at the Y on the basketball court! He's been coming to the Y since he was 14, and enjoys working out and playing basketball. He also enjoys that the Y is a family friendly environment. We love having Tremayne as a part of our Y family!

MEMBERSHIP PROMOTION



Join in April and SAVE! The joiner fee is reduced to \$10 during the entire month of April. Save up to \$140! Stop by for a tour today!

Events & New Classes

WEEKEND SWIM LESSONS



Weekend swim lessons are here! Saturdays from March 23rd - April 20th. Each lesson is 45 minutes and will begin at 9:30 am or 10:30 am. Register online or at the Y today!

INDOOR TRIATHLON



Join us for our Indoor Triathlon in March! Complete your mini-tri at the Y by doing a 20 minute swim, 20 minute bike ride and a 20 minute run! Register and pay between March 1st and March 25th to get your tshirt! Cost is \$20.

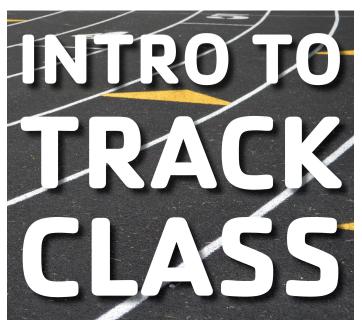
Events & New Classes

MAXIMUS Y CHALLENGE



The 4th annual Maximus Y Strongman Challenge will be Saturday, April 13th at 8 am. Registration going on now! Register at the Y or online. For more info, visit athensymca.org/maximus-y-challenge.

INTRO TO TRACK CLASS



Come try our Intro to Track class! This will take place on Mondays and Wednesdays at 9:30 am from March 4th through April 24th. Meet us on the track! See you there!

BREAD SALE



Master Castro will be selling his home made bread on Thursday, March 14th starting at 9 am! His delicious bread goes quickly, so plan to be here early to get yours! All proceeds benefit our youth TaeKwonDo program!

Youth, Summer & Giving Back

YOUTH & SUMMER PROGRAMS



<u>Camp Kelley, Summer Swim & Sports Camps</u> Camp Kelley Financial Assistance Lottery: Mar. 4-22, 2019 Open Registration: April 8, 2019

To learn more about Camp Kelley, visit athensymca.org/ day-camp

Fall Youth Programs

Registration begins June 17, 2019 Programs include soccer, cross country, swim, taekwondo, teen fitness & youth gardening, volleyball and cheerleading

Youth, Summer & Giving Back

CAMP KELLEY SENIOR STAFF

We are excited to announce our 2019 senior staff members for Camp Kelley! They are going to do amazing things during summer day camp.



Cubs Unit Head: Jordan Osborne

Coach Jordan has been with the Y for the past two summers in the Cubs! She is excited to throw her C's up all summer long.



Indians Unit Head: Bryce Williams

Coach Bryce has been with the Y as a Warriors Coach and soccer coach. His feathers are up and ready for summer camp!



Braves Unit Head: Alley Howell

This will be Coach Alley's fourth summer as the Braves Unit Head! She also serves as our Athletic Coordinator. B's Up!



Warriors Unit Head: Kasey Radney

Coach Kasey is a former Warriors coach turned Warriors Unit Head. We are excited to have him in this new position!



Youth & Family Coordinator: Kasia Moses

Coach Kasia currently serves in this position and is excited to bring it to Camp Kelley. She will work closely with child watch and our LIT program!



Enrichment Coordinator: Addie Aycock

Coach Addie is a former Unit Head and will be back this summer as our Enrichment Coordinator! She is excited to bring this new position to camp!

Youth, Summer & Giving Back

YMCA GARDEN



As the weather warms up, we are excited to get back in the garden! We would love your help getting new herbs and vegetables to plant this Spring. Herb and vegetable donations can be brought to the front office and will be planted and harvested by our Teen Fitness and Gardening class!