

Lunch & Summer Feeding

1. All campers need to bring a lunch each day.

Please pack a lunch that doesn't need refrigeration or heating. We'll keep all lunches in a cool, air-conditioned space until it's time to eat.

2. June Lunch Option: Summer Feeding Program

During the month of **June**, we'll be participating in the **Summer Feeding Program**, which means a school lunch will be available to campers at no cost. Even if your camper plans to eat the lunch provided, we still **encourage you to send extra snacks** to help keep them fueled throughout the day. We will send the lunch menu when we receive it.

3. Extra snacks are a good idea!

Camp days are full of movement, games, and outdoor fun — which means kids are burning lots of energy! We provide two snacks daily (morning and afternoon), but packing a little extra (like fruit, granola bars, or trail mix) is always a good idea.

4. Hydration is key!

No need to pack a water bottle — we've got plenty of water fountains and refill stations around camp. Plus, we take **water breaks every 10–15 minutes** to keep everyone cool and hydrated throughout the day.