ATHENS YMCA

January 2020

Athens YMCA

FOR YOUTH DEVELOPMENT®

FOR SOCIAL RESPONSIBILITY

FOR HEALTHY LIVING

Recent News & Spotlights

CHRISTMAS PARADE



We had so much fun at the annual Christmas parade and took home the Most Original award in the nonprofit category! We loved seeing all of our Y families!

MEMBER SPOTLIGHT

Meet our January Member Spotlight: Gin Fleming! Gin competes in long distance triathlons - swimming, biking and running. She's also a huge Georgia fan! When asked about why she loves the Y, Gin said she loves the People and the community it brings together. She also loves the healthy lifestyle that the Y promotes and supports. She believes in the mission which



includes enriching lives through physical fitness and faith for people of all ages. Gin, we love having you at the Athens YMCA!

Recent News & Spotlights

STAFF SPOTLIGHT



Meet our January Staff Spotlight: Austin Wilson! Austin grew up with the Athens YMCA being a huge part of his life. He currently coaches basketball, soccer, teen fitness, helps in our fitness center and is a Warriors coach for Camp Kelley! Austin is starting his first semester of college at UGA and is majoring in Exercise and Sport Science. In his free time, Austin likes to workout and hang out with his friends. He is a huge movie buff and has recently picked up a new hobby: racquetball! We love having Austin as a part of our Y family!

Upcoming Events & Registration

MUSIC THERAPY

Join us for Music Therapy! Spring 2020 registration starts January 13th. Click here to view the registration form and additional info. Want to learn more? Our



Meet and Greet with instructors Carolyn and Sarah will be Thursday, February 13th at 6:15 pm!

Upcoming Events & Registrations

MEMBERSHIP PROMOTION



athensymca.org • (f) У 🞯 ٧

Join January 2nd - 15th and save 20% on your joiner fee! Click here for your 20% off coupon. Stop by for a tour and see what the Y has to offer!

NEW DYNAMIC DAY



We are excited to add a new dynamic day on Martin Luther King, Jr. Day: January 20, 2020! Register at the Y or using your online account today! Cost is \$30 per day.

FROZEN GNOME

Are you gnome enough? Join us February 2nd at 2 pm for our annual Frozen Gnome event! This event is \$15 per ' person and includes a t-shirt. Take a dip in the outdoor pool to raise money for the



Athens YMCA Aquatics Program! Stop by the Y to sign up!

Upcoming Events & Registrations

CAMP & SUMMER REGISTRATION

MARK YOUR CALENDAR! Camp Kelley, summer swim and sports camp registration will begin on April 6, 2020. The Camp Kelley financial assistance lottery will be March 9 - 27, 2020 during business hours: Monday through Friday from 9 am to 6 pm.



Visit athensymca.org/day-camp for more info.

Know someone who is interested in working at Camp Kelley? Group Interview will be February 27th! Click here for more info and a list of what to bring.

INDOOR TRI

Want to be an Athens YMCA triathlete? Here is your chance! During the month of February, complete your indoor tri by doing 20 minutes of swimming,



20 minutes of biking and 20 minutes of running sequentially. Cost is \$20 and includes a t-shirt!

MEMBER APPRECIATION DAY

We love our members! Join us for Member Appreciation Day on January 27th! We will be serving hot chocolate to our early morning crowd from 4:30 am to 9 am to celebrate National Hot Chocolate Day!



Upcoming Events & Registrations

PARKINSON'S FITNESS



We are excited to begin hosting Parkinson's Fitness classes at the Athens YMCA! Classes will meet weekly starting January 22nd. No cost for Athens YMCA members - \$10 for non-members. Click here to see the currently scheduled classes. For more information, contact Wellness Director Elyse Giles - elyse@athensymca.org.

YOUTH PROGRAM REGISTRATION

Registration for Spring 2020 youth programs begins January 13th! Program dates: Feb. 24 - May 21, 2020 Programs include: Soccer, swim lessons,



taekwondo, junior drumming, track & field, teen fitness & gardening, dance and volleyball!

LIMITED GYM SPACE



Youth basketball and indoor soccer games will begin Monday, January 6, 2020. All basketball gyms will be used for games on Friday nights and Saturdays. Weekday usage for games will vary. Youth athletic schedules are posted online at athensymca.org/athletics. Please refer to those or call the front desk for gym space availability.

Upcoming Events & Registrations

SENIOR POTLUCK



Join us for our Across the Y Senior Potluck! Bring your favorite dish and celebrate with us on January 30th at 11:30 am in the Youth Room. We'll see you there!

Giving Back

GIVING IN THE NEW YEAR **MEMBERSHIP ROUNDUP**

We hope you will consider adding a gift to the Athens YMCA into your 2020 plans. Contributions form our community allow us to continue opening our doors to everyone. Because of our supporters, we are able to offer financial assistance for programs and memberships. Additionally, we are able to offer and enhance our programs such as having STEAM sessions and life-saving swim instruction for day campers, and hosting teen leadership programs at no cost.

We are excited to offer the opportunity to give on a monthly basis through bank draft or credit card. If you would like to set this up or have questions, please contact Abby Bramblett – abby@athensymca.org