

# Health Education at the YMCA

YMCA Field Trips!  
PreK-5th Grade!

## Your Y Trip:

- 9:30am-11:30am
- One GSE compliant healthy habits class with our partners at Piedmont Athens Regional
- One FUN youth focused fitness class
- Games YMCA style
- No chaperones needed! YMCA staff will lead all classes.

**\$50 per  
classroom!**

**More information:  
[athensymca.org](http://athensymca.org)**

