Athens YMCA Field Trip FAQ

Why the Athens YMCA?
The YMCA is the nation's leading nonprofit for youth development, healthy living, and social responsibility. Your YMCA in Athens, Georgia excels in its youth programing and would love to invite your class to experience what the YMCA has to offer while learning healthy habits, hitting GSE standards, and having FUN!

What would my students be doing at the Y?
We will split your time at the YMCA between separate stations:

1. A youth focused fitness class!
2. A GSE compliant health class lead by our partners at Piedmont Athens Regional!
3. FUN: games in various Y spaces, dance parties, robotic cars, etc.

What is the cost of a field trip?
$75 per classroom paid at the time of registration.

- Example: 3 first grade classrooms x $75 per classroom= $225 total

What is the refund policy?
Classes can cancel up to 48 hours prior to their field trip and receive a full refund. A cancellation after 48 hours will receive a 50% refund.

What Georgia Standard of Excellence will the Y field trip use?
Athens Y field trips are designed to meet standard HE.1 for grade levels K-5th.

- **HE.1** Students will comprehend concepts related to health promotion and disease prevention to enhance health. Students will focus on identifying, describing, and recognizing healthy behaviors.

What Will Be Covered in the Health Class?
All health classes are taught by our partners from Piedmont Athens Regional and align with grade specific standards.

- **PreK**: Fruits and Veggies
- **Kindergarten**: MyPlate and Healthy Eating
- **1st Grade:** Water vs. Soda
- **2nd Grade:** Germ Prevention
- **3rd Grade**: Heart Health
- **4th Grade**: Healthy Habits for a Strong Body and Mind
- **5th Grade:** Hands Only CPR

When can my class visit the Y?
Field trips can take place on Thursdays and Fridays from 9:30am-11:30am.

What does my school need to provide?

1. 1 teacher or chaperone per 12 students. All activities will be led by YMCA directors and staff.
2. All participants will be required to have a YMCA program participant waiver on file prior to the field trip.

3. Optional: Snack Time! The Athens YMCA can provide a space to eat snack during their field trip but will not provide snacks to field trip participants.

Want to speak to a reference?
We first piloted the field trip program in Fall 2022 with Athens Academy's K4 classes and have since had the Pre 1st, 1st grade, and 2nd grade teams visit the Y. The director of the Preschool, Colleen Burwell, is happy to share about her experience and can be contacted via email, cburwell@athensacademy.org.

More Questions?
If you have additional questions/interest regarding going on a field trip to the Athens YMCA, please email our Senior Program Director, Jordan Osborne at jordan@athensymca.org.

We would love to help your kids enjoy healthy habits through a field trip at the Y!