



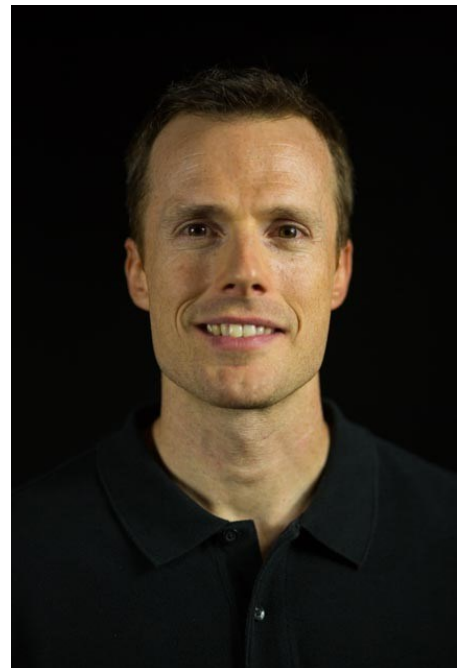
FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COREY LITTLE PERSONAL TRAINER

Corey Little Corey is a nationally certified trainer, nutrition coach, and speaker, with degrees in Allied Health and Nutrition Science. He's worked as a fitness and wellness professional for almost 15 years.

Corey has traveled throughout the southeast, giving presentations to hundreds of different groups. He's had articles published in Natural Bodybuilding and Fitness as well as Faith and Fitness magazine, the premier resource for church wellness.

In 2010 Corey completed work on the Newtrition™ System, a six step habit-based dietary program.



Recently, he was featured on K-LOVE and Air 1, two nationwide Christian radio stations with over 650 signals in 46 states. He loves working with anyone who has a true desire to better their body and is willing to put forth some effort in the process.

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