

Athens YMCA

41st Annual Run Through The Woods

August 6, 2022

8 am

A tribute to Coach Mike

Registration:

- Registration March 15-July 20 \$25
- Registration after July 20 \$30
(shirts not available)
- Same-day registration 7 am
- Virtual Runner \$20 (please pick up shirt by 8/19)
- Phantom Runner \$20 (get a shirt to show your support)
- Fun Run is free (shirt option is \$10)

Awards: Handmade pottery from R. Wood Studio in Athens, GA



Come challenge yourself with one of the oldest cross country 5k races through the woods behind the Athens YMCA

Run Through the Woods Cross-Country 5k Race Application



Race Day—Saturday August 6, 2021 8am
Register with this form or on our website www.athensymca.org
Online registration: runsignup.com

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Age Groups:

Men and Women 5K

10 & under	30-34	55-59
11-14	35-39	60-64
15-19	40-44	65-69
20-24	45-49	70-74
25-29	50-54	75-over

Questions? Contact Athens YMCA Elyse Giles elyse@athensymca.org

Classic Race Services Carole Black classicraceservices@gmail.com



Name (please print) _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Birthday _____ Age _____ Gender _____

Check one box below: after July 20 no shirt option

- 5k Race
 Virtual Runner
 Phantom Runner
 Fun Run

What is your t-shirt size? (circle shirt size)

YS, YM, YL, AS, AM, AL, XL, XXL

WAIVER/RELEASE: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release, any and all rights and claims for damages I may have against the Athens YMCA or their sponsors, officials, workers, their representatives, successors, assigns, for any and all injuries suffered by me in this event, including pre-race activities. I attest and verify that I am physically fit and sufficiently trained for this event. Further, I hereby grant full permission to above sponsors to use my photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

SIGNATURE _____ DATE _____

(IF UNDER 18, PARENT/GUARDIAN MUST SIGN)

**Return completed and signed form along with entry fee to
Athens YMCA 915 Hawthorne Avenue Athens, GA 30606 (706) 543-6596**