

**NAME:** \_\_\_\_\_

<p><b>Christmas Dress Up!</b> Attend the Y in a Christmas Sweater.</p>	<p><b>Walking in a Winter Wonderland!</b> Workout outside!</p>	<p><b>cYclepath!</b> Start the cYclepath challenge!</p>	<p><b>Family Christmas Vacation!</b> Visit the Y with a family member!</p>	<p><b>Merry Christmas!</b> Introduce yourself to someone new in class (write their name here)!</p>
<p><b>Tis the Season!</b> Pick out an ornament from the Christmas for a Senior tree!</p>	<p><b>Rockin' Around the Fitness Center!</b> Spend 20 minutes on the cardio side!</p>	<p><b>Season's Greetings!</b> Send a Christmas card to the Y!</p>	<p><b>Santa Clause is Coming to Class!</b> Wear a Santa hat to a fitness class!</p>	<p><b>Christmas at the Pool!</b> Workout at the indoor pool!</p>
<p><b>Better with a Bestie!</b> Bring a friend to the Y! Stop by the front desk to get a pass!</p>	<p><b>12 Days of Christmas!</b> Take 12 classes in the month of December!</p>	<p><b>No days off!</b> Come workout at the Y on a Saturday!</p>	<p><b>High 5!</b> Take 5 classes with 5 different instructors!</p>	<p><b>Hey Friend!</b> Follow the Athens YMCA on Facebook and Instagram.</p>
<p><b>Go Dawgs!</b> Attend a class in UGA gear!</p>	<p><b>Christmas Came Early!</b> Spend 20 minutes on one of our new bikes!</p>	<p><b>Christmas Cookies!</b> Try a healthy cookie recipe at home!</p>	<p><b>Rockin' Around the Fitness Center!</b> Spend 20 minutes on the weight side!</p>	<p><b>Tis the Season!</b> Pick out an ornament from the Salvation Army Angel tree!</p>
<p><b>High 5!</b> Visit the Y 5 times in 1 week!</p>	<p><b>Stay on Track!</b> Walk/run a mile on the track!</p>	<p><b>Jingle All the Way!</b> Complete the Jingle Bell Mile!</p>	<p><b>Y Spirit!</b> Visit the Y wearing a YMCA tshirt or tank top!</p>	<p><b>2 for 1!</b> Attend 2 classes in 1 day!</p>