

Athens YMCA Field Trip FAQ

Why the Athens YMCA?

The YMCA is the nation's leading nonprofit for youth development, healthy living, and social responsibility. Your YMCA in Athens, Georgia excels in its youth programming and would love to invite your class to experience what the YMCA has to offer while learning healthy habits, hitting GSE standards, and having FUN!

What would my students be doing at the Y?

We will split your time at the YMCA between three separate stations:

1. A youth focused fitness class!
2. A GSE compliant health class lead by our partners at Piedmont Athens Regional!
3. Games (either outside on our field spaces or inside our gyms depending on weather)!

What is the cost of a field trip?

\$50 per classroom paid at the time of registration.

- Example: 3 first grade classrooms x \$50 per classroom= \$150 total

What is the refund policy?

Classes can cancel up to 48 hours prior to their field trip and receive a full refund. A cancellation after 48 hours will receive a 50% refund.

What Georgia Standard of Excellence will the Y field trip use?

Athens Y field trips are designed to meet standard HE.1 for grade levels K-5th.

- **HE.1** Students will comprehend concepts related to health promotion and disease prevention to enhance health. Students will focus on identifying, describing, and recognizing healthy behaviors.

What Will Be Covered in the Health Class?

You will have some choice in the class taught by our partners from Piedmont Athens Regional based on how you would like to meet standard HE.1. Classes they have previously led:

- Healthy eating and nutrition with MyPlate
- Germs and handwashing
- Reading labels/the numbers of nutrition

When can my class visit the Y?

Field trips can take place on Tuesdays and Thursdays from 9am-11am.

What does my school need to provide?

1. 1 teacher or chaperone per 12 students. All activities will be led by YMCA directors and staff.
2. All participants will be required to have a YMCA program participant waiver on file prior to the field trip.
3. Optional: Snack Time! The Athens YMCA can provide a space to eat snack during their field trip but will not provide snacks to field trip participants.

Want to speak to a reference?

We piloted the field trip program in Fall 2022 with Athens Academy's K4 classes. The director of the Preschool, Colleen Burwell, is happy to share about her experience and can be contacted via email, cburwell@athensacademy.org.

More Questions?

If you have additional questions/interest regarding going on a field trip to the Athens YMCA, please email our Youth Coordinator, Jordan Osborne at jordan@athensymca.org.

We would love to help your kids enjoy healthy habits through a field trip at the Y!