

FOR IMMEDIATE RELEASE

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Athens YMCA welcomes two new board members

Representatives from Piedmont Athens Regional and St. Mary's Healthcare System join the Athens YMCA's board of directors

Athens, GA (February 16, 2021) – The Athens YMCA welcomes two new members onto the board of directors: Dr. Tamara Bourda and Michael Burnett. Dr. Tamara Bourda currently serves as the Regional Vice President of Community Health and Well-Being for St. Mary's Health Care System. Michael Burnett leads Piedmont Athens Regional Medical Center as the CEO.

Dr. Tamara Bourda brings more than twenty years of experience in the healthcare, government, and public health sectors. In her current role, Dr. Bourda leads strategic efforts in optimizing wellness and equity and addressing social influencers of health across the Georgia region. She earned a Bachelor of Science in Chemistry from Xavier University of Louisiana, a Master of Public Health from Drexel University, and a Doctorate of Philosophy in Public Health from the University of Texas. She will complete her Master of Business Administration from the University of Georgia in the Spring of this year. In her spare time, Dr. Bourda enjoys traveling internationally with her husband, listening to all genres of live music, and volunteering with community organizations.

Michael Burnett uses his more than twenty years of experience to lead more than 2,650 employees and 130 physicians to deliver high-quality, patient-centered care to Piedmont Athens Regional's seventeen-county service area. During his first year as CEO, Michael oversaw the expansion of Piedmont Oconee Health Campus to include a 24,000 square-foot Orthopedic and Sports Medicine Facility. Additionally, he oversees the main hospital's \$171 million renovation and expansion project, which is expected to be completed in 2022. Michael holds a Bachelor of Science in Biology and Master's Degrees in Health Administration and Business Administration. Michael is involved in several community organizations including the Athens Area Chamber of Commerce, the Boy Scouts of Northeast Georgia, and the Rotary Club of Athens. Michael and his wife Amy live in the Athens area along with their three children.

The Athens YMCA is excited to welcome these two community leaders onto the board of directors.

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About the Athens YMCA

The Athens YMCA has been an indispensable part of Athens-Clarke County and surrounding communities for more than 163 years. The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living and social responsibility.

Each year, the Athens YMCA actively engages nearly 11,000 people of all ages, backgrounds, races, cultures, faiths and abilities – regardless of income. Visit athensymca.org to learn more.