

Attire needs to accommodate your child's program and the weather for the day. At the Y, you child will play constantly. Please ensure you are sending them in clothes that can get dirty and sweaty.

Appropriate attire for programs is as follows:

1. During Hot weather days:
  - a. T-shirt/Tank top
  - b. Shorts
  - c. Mid-thigh length skirt
2. During Cold weather days:
  - a. T-shirt
  - b. Shorts
  - c. Sweat pants
  - d. Leggings
  - e. Removable jacket, long sleeve shirt, sweatshirt, hoodie or pull over

\*In order for your child to play outside with the group during winter months, they must have a jacket or sweatshirt\*

3. Program Specific Attire:
  - a. Swim lessons requires all children to have a swim-suit in order to participate. Towels and Goggles are highly recommended.
  - b. Soccer and Football Academy recommend cleats, but require tennis shoes every day in case of inclement weather (crocs not allowed).
  - c. Cross Country and Track&Field require all children to wear tennis shoes (or a form of running shoe) in order practice (crocs not allowed).
  - d. Basketball recommend Basketball shoes (high-tops that support the ankle) or tennis shoes(crocs not allowed).
  - e. Cheerleading and Dance recommend tennis shoes. Cheerleaders are allowed to wear all-white shoes.
  - f. Ballet & Tap need ballet shoes and tap shoes (email Jordan at [jordan@athensymca.org](mailto:jordan@athensymca.org) for recommendations). Leotard tights highly recommended with optional skirt or shorts over them.

The dress code for the Y reflects not only the programs we offer for our kids, but also for the members and family we serve. Children who attend our programs should be dressed accordingly at the Athens YMCA:

1. Shirt that flows from shoulders to over the waist where shorts/pants/shirt begins.
2. Shorts and Skirts that conceal the rear-end of our participants.
  - a. Appropriate length items should reach middle of thigh.
3. Children should not wear any article of clothing that contains cuss words or is derogatory.