

whY the Y

Dear friend of the Athens YMCA,

There is one program at the Athens Y that I know, without fail, will brighten my day, and that's our Sunshine Studio program. Sunshine Studio is our adults with special needs program, and they are an absolute joy to visit!

Each of these precious souls matter to the Y, and the Athens Y matters to them! Megan, from Sunshine Studio, shared some of her favorite parts of being in the Y family with Jordan:



When members like Megan come to Sunshine Studio, they know it's a place for them to belong and have fun! Our goal for each of them is that they wouldn't "graduate to the

couch.” By helping them work on their skills and stay social, they’re better equipped to live their lives to the fullest!

So, why the Y?

Because there’s a place for everyone from every walk of life. (Or if you’re like Megan... because there’s dancing!)

Gratefully,

Shae Wilson

CEO