



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA POOL FAQ, HOURS AND INFORMATION

Indoor Pool Hours

- Monday through Friday: 5:00 am to 9:15 pm
- Saturday: 7:00 am to 4:45 pm
- Sunday: 1:00 pm to 5:45 pm

Outdoor Pool Hours

- Open: May 26 through August 30
- Monday through Friday: 4:00 pm to 7:45 pm
- Saturday: 1:00 pm to 4:45 pm
- Sunday: 1:00 pm to 5:45 pm

Lap Swimming FAQ

- Pool Length = 25 yards
- A Lap = 50 yards
- A Swimming Mile = 1650 yards or 33 laps
- Pool Temperature = 85 degrees
- All lap lanes close from 3:55 pm to 4:55 pm Monday through Friday during the school year.
- Lap lanes are to be used by Adults (16+) for lap swimming. Please limit your swim to 60 minutes if others are waiting. Circle swimming is encouraged, but NOT required.
- If you are lap walking, please give up your lap lane to others who are waiting to lap swim
- The skinny lane opens and closes throughout the day

