



**Interactive Fitness Trainers**  
O F A M E R I C A

IFTA was listed in Personal Fitness Professional magazine as one of the top Nationally Recognized Certification companies in the U.S.

**ATHENS, GA. Saturday October 21, 2017**

**Location: ATHENS YMCA**

**Address: 915 Hawthorne Ave. (706) 543-6596 Contact: Elyse Giles, Fitness Director**

**9:00am-3:00pm GROUP FITNESS CERTIFICATION \$99 Text \$79**

- **Lecture: Test preparation. Review and discussion of text. Register - get materials in advance.**
- **Practical movement: Greg leads a Group Fitness workout class for you to participate.**
- **Written Test: multiple-choice, T-F questions. CEC/CEU's: 4 IFTA, 4 AFAA, 4 AAI, .4 NASM**

**3 WAYS TO REGISTER 919-870-0600** Mon-Fri, 9-3

**REGISTER ON LINE AT [WWW.IFTA-FITNESS.COM](http://WWW.IFTA-FITNESS.COM)** Interactive Calendar, GA, Oct

\*A % of our proceeds goes to the fight against breast cancer through the American Cancer Society\*

**MAIL PAYMENT TO: IFTA 312 W. Millbrook Rd., Suite 145 Raleigh N.C. 27609**

**GO GREEN WITH US! GET EMAILS OF EVENTS IN YOUR AREA: GO TO WEBSITE AND "SIGN UP FOR EVENT NOTIFICATIONS". GET AN EMAIL AS THE EVENT IS BOOKED WITH IFTA. THANK YOU!**