



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INVESTING IN OUR COMMUNITY

ATHENS YMCA

As a leading nonprofit partner throughout the country, the Y has the track record and on-the-ground presence to move communities forward, just as we do here in Athens. As a charity, we work every day to address community needs and ensure that all are welcome and that no one is turned away for an inability to pay.

Y FACTS

There is no other nonprofit quite like the Y. That’s because in 10,000 neighborhoods across the nation, we have the presence and partnerships to not just promise, but to deliver, lasting personal and social change.

People Served	9,580
Financial Assistance and Subsidies	\$150,055 (7% of total expenses)
Contributed Income from the Community	\$209,091 (9% of total revenue) This number reflects contributions towards equipment and maintenance as well as our financial aid program
Government Funding That Helps Us Provide Needed Services (includes grants, contracts and vouchers)	\$0

OPPORTUNITIES FOR ALL IN ATHENS, GA

Giving everyone the opportunity to learn, grow and thrive

Children and Teens (1 – 17)	The Athens Y serves 2,080 kids and teens, providing a wide range of activities to nurture potential, including Leaders in Training program, sports leagues, liberal arts programs, swim lessons, family fitness, child watch services, and community service projects.
Low-Income Families	Our YMCA provides quality programming and membership options for all families regardless of their income status. The Athens Y provided 65 families and individuals with over \$18,700 in assistance for health and wellness in 2016.
Seniors (60+)	Our YMCA provides 596 active older adults with wellness programs designed for spirit, mind, and body. We strive to ensure that all older adults have opportunities to connect with one another and engage in meaningful activities.

Everyone is Welcome We provide activities open to everyone in our community including free health fairs/screenings, physical activity programs, nutrition advice, chronic disease prevention programs, and more – valued at \$37,380 in benefit to the community each year.

Other Nonprofit Organizations The Athens YMCA provided \$10,000 worth of space at little to no charge for outside clubs, nonprofits and community service organizations to help them meet broader community needs. Our Y also assists several agencies and organizations with material drives including new cancer patient bags for the University Cancer Center, supplies for the new Salvation Army Shelter, and canned goods for the Food Bank.

VOLUNTEER ENGAGEMENT AND COLLABORATIONS

Mobilizing our community to effect lasting change

Volunteerism YMCA’s throughout the state are locally driven by an ongoing assessment of community needs and controlled by a local board of community volunteers. The Athens YMCA is incredibly grateful for all of the volunteers in the Athens community.

Number of Volunteers 275
Total Volunteer Time 1,100 Hours
Total Value of Volunteer Time \$25,916

Collaborations The Y recognizes the importance of working together to create lasting social and personal change. We have the community’s trust to convene, partner and support community collaborations with schools, government agencies, faith-based organizations, businesses, and others.

- Piedmont Athens Regional Medical Center
- Perfectly Polished
- Project Safe
- Salvation Army
- University Cancer Center
- Extra Special People
- Military Recruiting Offices
- Kindermarket

INVESTING IN OUR KIDS, OUR HEALTH AND OUR NEIGHBORS

At the Y, strengthening community is our cause. Strong communities don’t just happen, they’re the result of steady leadership and stewardship of strong values. That’s the Y. We make a difference by focusing on three key areas: youth development, healthy living and social responsibility. By investing in our kids, our health and our neighbors, the Athens YMCA ensures that everyone, regardless of age, income or background, has the opportunity to thrive.

YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

- Diversifying programs to include cross country, low ropes team building, basketball drills, and girl scouts.
- Tackling childhood food insecurity by providing 2 snacks per day to all

summer camp children; as well as, participating in the Summer Feeding Program through the Athens Housing Authority. This collaboration allowed us to serve over 5,000 meals to children and teens during the summer months.

- Placing emphasis on combatting high childhood drowning statistics by offering swim instruction 2 days per week during the summer months. All children that attend camp must learn basic swim skills and must pass the swim test.

HEALTHY LIVING

Improving the nation's health and well-being

- Providing over 75 fitness classes per month in an effort to meet the needs of all seeking a healthier lifestyle.
- Enhancing equipment and space to be welcoming to all.
- Providing members and nonmembers opportunities to attend programs such as Health Matters, Breast Cancer Wellness, Diabetes Prevention, Health Screenings, Walking Program, and Flu Shots.

SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

- Providing service opportunities for our members by participating in canned food, clothing, and supply drives for local service agencies.
- Supporting both the Angel Tree and Santa Tree for Seniors during the holiday season.
- Celebrating members, staff, and other community organizations on a monthly basis.
- Ensuring we have programs, equipment, and space that meets the needs of all.
- Continuing our promise to be great stewards of our resources.