

Young Men's Christian Association Athens, GA

Athens YMCA
915 Hawthorne Avenue
Athens, Georgia 30606

706-543-6596
www.athensymca.org

Year Established 1857
Number of Employees 150+
IRS Tax ID 58-0593443



M. Shae Wilson-Gregg
Athens YMCA CEO

MISSION STATEMENT

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

GEOGRAPHIC SERVICE AREA

Northeast Georgia including Clarke, Oconee, Jackson, Madison, Oglethorpe, Greene, and Walton counties.

WHO WE ARE

The Athens YMCA is a vibrant, cause-driven nonprofit charity delivering contemporary programs focused on family, healthy living, and developing people of all ages.

OUR IMPACT

We serve more than 11,000 people per year and provide up to \$150,000 in financial assistance for our programs and services. Over 2,300 children and teens are impacted by the YMCA's programs and 1,000 seniors enjoy fitness and fellowship at the Y.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GOALS

We are committed to nurturing the potential in youth, promoting healthy living, and fostering a sense of social responsibility in all that we do. Our aim is to create a community of healthy kids, teens, families, and seniors who embrace fitness in body, mind, and spirit.

The YMCA helps youth develop the character required to cope with the pressures of growing up in today's world. Our goal is to help kids feel good about themselves, enjoy life, and to deter them from the dangers of drugs or gangs. Values such as caring, respect, honesty, and responsibility are taught by positive role models on a daily basis.

Wellness programs are offered at the YMCA through a partnership with Athens Regional Health System. Cancer wellness programs, nutrition classes, diabetes prevention, obesity programs and health fairs are offered to help community members achieve greater health and well-being.

EVENTS

Frozen Gnome Swim - January
Family Fitness Day - February
Kindermarket - March & October
160th Birthday Celebration - March
Strong Man - April
Run Through the Woods 5K - August
Coat Drive - October

OPPORTUNITIES

Give, Join, Volunteer

Donations are accepted at our website, at the YMCA, or via mail. Companies and individuals may sponsor fundraising events as well as our youth programs and camps. Contributions can also be directed toward our endowment fund, creating a legacy for years to come, or as a memorial or honorary gift toward general operations. Capital projects and building fund donations are also welcome.

Volunteers may assist with events and programs throughout the year.

BOARD OF DIRECTORS

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#EveryYInGA